

Road Four

NEWSLETTER OF THE GOLDENS BRIDGE COMMUNITY ASSOCIATION



Summer
2008

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From the Editor

"Road Four" is now available in electronic (PDF) format. If you, or any friends or family would like to get the electronic version, contact me with the recipient's email address.

If you have any news, be it personal or whatever that you would like to share, send it to us.

Road Four prints 4 issues per year.

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THANK YOU

Road Four would like to thank Judy Fast, a talented and gifted artist and member of our community, for drawing the wonderful art that appears on the back cover of each issue of *Road Four*.

Thank you Judy.

Annual Drinking Water Quality Report for 2007

INTRODUCTION

To comply with State regulations, the Goldens Bridge Community Association, Inc. (GBCA)

Water System annually issues a report (ADWQR) describing the quality of your drinking water. The purpose of this report is to raise your understanding of drinking water and awareness of the need to protect our drinking water sources. Last year, your tap water met all state drinking water health standards. We are proud to report that our system did not violate a maximum contaminant level or any other water quality standard. This ADWQR provides an overview of last year's water quality. Included are details about where your water comes from, what it contains, and how it compares to State standards. If you have any questions about this report or concerning your drinking water, please contact Ron Arnstein, Water Operator and Chairman of the Water Committee, 914-232-8260. We want you to be informed about your drinking water. If you want to learn more, please attend any of the meetings of the Water Committee. Information as to when meetings are held can be obtained from any member of the Water Committee. These include, in addition to Ron Arnstein, Mera Eisen: 914-232-8172, Chris Rietsch: 914-232-3786 and Dan Fast 914-232-5397. Ron Arnstein is available to discuss any drinking water issues with you in person.

WHERE DOES OUR WATER COME FROM? In general the sources of drinking water (both tap water and bottle water) include rivers, lakes, streams, ponds, reservoirs, springs and wells. As

water travels over the surface of the land or through the ground, it dissolves naturally occurring minerals and can pick up substances resulting from the presence of animals or from human activities. Contaminants that may be present in source water include: microbial contaminants; inorganic contaminants; pesticides and herbicides; organic chemical contaminants; and radioactive contaminants. In order to ensure that tap water is safe to drink, the State and the EPA prescribe regulations which limit the amount of certain contaminants in water provided by public water systems. The State Health Department's and the FDA's regulations establish limits for contaminants in bottled water which must provide the same protection for public health. Our water system serves approximately 250 people through approximately 65 service connections. Our water source is groundwater drawn from two wells drilled to depths in excess of 800 feet. The water is chlorinated prior to distribution by the injection of sodium hypochlorite at a level sufficient to maintain a chlorine residual at the furthest point in the distribution system from the pumping and distribution station.

SOURCE WATER SUSCEPTIBILITY TO CONTAMINANTS. The New York State Department of Health (NYSDOH) has completed a source water assessment for this system, based on available information. Possible and actual threats to this drinking water source were evaluated. The state source water

assessment includes a susceptibility rating based upon the risk posed by each potential source of contamination and how easily contaminants can move through the subsurface to the wells. The susceptibility rating is an estimate of the potential for contamination of the source water; it does not mean that the water delivered to consumers is, or will become, contaminated. The presence of contaminants does not necessarily indicate that the water poses a health risk. See section "Are there contaminants in our drinking water?" for a list of the contaminants that have been detected. The source water assessments provide resource managers with additional information for protecting source water into the future. As mentioned before, our water is derived from two (2) drilled wells. The source water assessment has rated these wells as having a medium-high susceptibility to microbial, industrial solvents and other industrial contaminants. These ratings are due primarily to the close proximity of permitted discharge facilities (industrial/commercial facilities that discharge wastewater into the environment and are regulated by the state and/or federal government) to the wells and the associated industrial activity in the assessment area. In addition, one of our wells draws from an unconfined aquifer of unknown hydraulic conductivity and the other well draws from fractured bedrock and a lower permeability layer exists above the aquifer. Therefore diligent source protection measures are prudent. Please note that, while the source water assessment rates our wells as being susceptible to microbial, our water is disinfected to ensure that the finished water delivered into your home meets the New York State drinking water standards for microbial contamination. County and State Health Department will use this information to direct future source water protection.

These may include water quality monitoring, resource management, planning and education programs. A copy of the source water assessment has been filed with the Board of Directors of GBCA and another copy can be reviewed by contacting Ron Arnstein. There is currently an ongoing source water contamination review consisting of inspection of the well environs for contamination sources, including septic tank failures, leakage of liquids from automotive vehicles and improper disposal of contaminants.

ARE THERE CONTAMINANTS IN OUR DRINKING WATER?

As the State regulations require, your drinking water is routinely tested for numerous contaminants. These contaminants include: total coliform, turbidity, inorganic compounds, nitrate, nitrite, lead and copper, volatile organic compounds, total trihalomethanes, and synthetic organic compounds. The State allows us to test for some contaminants less than once per year because the concentrations of these contaminants do not change frequently. However, the Westchester Health Department does extensive testing every year. None of the compounds we analyzed were detected in your drinking water. It should be noted that all drinking water, including bottled drinking water, may be reasonably expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the EPA's Safe Drinking Water Hotline (1-800-426-4791) or the Westchester County Health Department at 914-813-5000.

WHAT DOES THIS INFORMATION MEAN? During 2007, our system had no violations as to water quality. Because of the sensitivity of testing methods,

some contaminants are usually detected; however, these contaminants were detected below the level allowed by the State. While our system does not contain lead in an amount above an action level, we are providing as a public service the following information on lead in drinking water. "Infants and young children are typically more vulnerable to lead in drinking water than the general population. It is possible that lead levels at your home may be higher than at other homes in the community as a result of materials used in your home's plumbing. If you are concerned about elevated lead levels in your home's water, you may wish to have your water tested and flush your tap for 30 seconds to 2 minutes before using tap water. Additional information is available from the Safe Drinking Water Hotline (1-800-426-4791)."

IS OUR WATER SYSTEM MEETING OTHER RULES THAT GOVERN OPERATIONS? We are required to monitor your drinking water for specific contaminants on a regular basis. Results of regular monitoring are an indicator of whether or not your drinking water meets health standards. During 2007 extensive sampling was done and the sampling showed that the drinking water was in compliance with applicable drinking water requirements. The Complete Analyses Report is available to those interested. Please contact Ron Arnstein (914-232-8260).

DO I NEED TO TAKE SPECIAL PRECAUTIONS? Although our drinking water met or exceeded state and federal regulations, some people may be more vulnerable to disease causing microorganisms or pathogens in drinking water than the general population. Immunocompromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some

elderly, and infants can be particularly at risk from infections. These people should seek advice from their health care provider about their drinking water. EPA/CDC guidelines on appropriate means to lessen the risk of infection by Cryptosporidium, Giardia and other microbial pathogens are available from the Safe Drinking Water Hotline (1-800-426-4791).

WHY SAVE WATER AND HOW TO AVOID WASTING IT? Although our system has an adequate amount of water to meet present and future demands, there are a number of reasons why it is important to conserve water: • Saving water saves energy and some of the costs associated with both of these necessities of life; • Saving water reduces the cost of energy required to pump water and the need to construct costly new wells, pumping systems and water towers; and • Saving water lessens the strain on the water system during a dry spell or drought, helping to avoid severe water use restrictions to that essential fire fighting needs are met. You can play a role in conserving water by becoming conscious of the amount of water your household is using, and by looking for ways to use less whenever you can. It is not hard to conserve water. Conservation tips include: 1. Automatic dishwashers use 15 gallons for every cycle, regardless of how many dishes are loaded. So get a run for your money and load it to capacity. 2. Turn off the tap when brushing your teeth. 3. Check every faucet in your home for leaks. Just a slow drip can waste 15 to 20 gallons a day. Fix it up and you can save almost 6,000 gallons per year. 4. Check your toilets for leaks by putting a few drops of food coloring in the in the tank, watch for a few minutes to see if the color shows up in the bowl. It is not uncommon to lose up to 100 gallons a day from one of these otherwise invisible toilet leaks. Fix it and you

save more than 30,000 gallons a year. **CLOSING** Thank you for allowing us to continue to provide your family with quality drinking water. In order to maintain a safe and dependable water supply we sometimes need to make improvements that will benefit all of our customers. The costs of these improvements may be reflected in the rate structure. Rate adjustments may be necessary in order to address these improvements. We ask that all our customers help us protect our water sources, which are the heart of our community.

The GBCA Water Committee
Ronald Arnstein,
Cert.# NY0030719
(P.W.S. ID# NY5903428)

Dawn Gianatiempo, Our New Camp Director

When Cindy Hicks introduced Dawn I thought 'she seems familiar. In fact, we grew up 20 blocks and 20 years apart in Astoria, N.Y.C. For the last 4 years she has played, as Cindy's assistant director, an integral part in making the G.B. Day Camp experience a memorable one. This year Dawn is our Camp Director.

Dawn, as a working member of our camp committee, has helped establish many aspects of the 2008 season. She is very sensitive to the input of the G.B. community. During the year she works as a preschool teacher (4 & 5 years old) at the 1st Hebrew Nursery School in Peekskill, N.Y. She lives in Cortlandt Manor with her husband and two children. Her 8 year old son joined us in camp this year.

To me, Camp is an expression of our commitment to a progressive next generation and the best way we can insure our Colony's future. I am very pleased that this bright, energetic, kind, straight talking woman will be in charge of directing Golden's Bridge Colony's Day Camp.

Judy Fast



The Garden From Martha Levites

My garden discovery of the year is Rudolph's Garden at 110 Stebbins Rd. in Carmel. This is a flower nursery with beautiful display gardens only 10-15 minutes from Golden's Bridge.

Dr. Rudolph, the owner, was born and raised in Somers. He had a dental practice in Croton Falls up until a few years ago when he retired to make his hobby of perennial gardening into a business. The gardens, which occupy several acres, surround his home. He sells some annuals and a few shrubs, but his real expertise is perennial plants. Ask him for planting suggestions or how to handle various plants and he probably can advise you.

The setting is quiet, beautiful, and well off the beaten path. In fact, you may be the only customer when you arrive. That is because this business depends on word of mouth. Commercial landscapers know about Dr. Rudolph, but not too many home gardeners have made this discovery yet.

When we arrived, Dr. Rudolph invited us to take a walk through his gardens before making any purchases. We viewed his cottage garden, sun garden, shade garden and rose garden before looking at one of the most expansive collections of nursery plants I have seen anywhere. An added bonus is that his prices are substantially less than other nurseries in this area.

To get to Rudolph's Garden, take Route 100 north to Croton Falls Rd. Make a left at the light and follow Croton Falls Road bearing to the right at the split. You are now on West Shore Drive. Make the first left onto Stebbins Road and drive to the top of the hill. You will see a sign on your right that says plant sale.

FALL LEAVES

Lewisboro has officially discontinued with leaf pick-up in the lake

communities as of this fall.

Please either get a mulching lawnmower, if you don't have one, and mow your leaves to nourish your lawn area, or rake or blow them to an area on your property where they will compost.

Don't put them onto community property as has been done for many years nor have your landscaper do this. Our lake is highly eutrophic already. It doesn't need more nutrients.

If we want to act as a community we can contract out the job of removing the leaves. But transporting leaves away in many big truckloads and then buying topsoil to nourish our plants doesn't make much ecological sense to me. If you do use a landscaping company, please inform them about this change in policy and discuss with them where they can put your leaves.

Eric Stand

This is a good opportunity to remind us of the many other opportunities we have to keep the colony green. Please pick up any trash you see on the side of the road. Pick up after pets and remind others that it's courtesy to do so. And don't forget to recycle every Wednesday.

July 5th Barbecue

It was a confluence of events that led to the tremendous success of the July 5 barbecue at the Barn. Despite the last minute change of venue, the selflessness of the many volunteers who shopped for the delicious food, grilled the mouth watering array, set-up a convivial ambience and cleaned up afterwards, was testament to the "Goldens Bridge spirit". It is to be hoped that the beautiful children seen in the captivating video that was shown, will continue in the same tradition.

On a personal note, I thank Ron Arnstein, Michael Brown, Dan Fast, George Levites, Eric Stand (and

others of whom I am unaware), for putting a hand rail on the steps leading to the main entrance of the Barn. My trepidation at using those steps has been greatly lessened.

Thanks again to all who made my evening so enjoyable.

Mollie Arons

Able, Baker, Charlie, and Dog

The barn was the scene of a delightful evening's entertainment on July 12th. Joe Crookston, a modern balladeer performed a concert of folk songs reflecting "connections between fathers/sons, mothers/daughters, youth/family, and interactions between total strangers".

Joe grew up on a farm in eastern Ohio and now lives in Ithaca which he uses as a base for traveling northern New York interviewing locals and searching for stories that provide inspiration for new songs. One he related to us told of a runaway slave who made it to Elmira where he provided a safe-house on the Underground Railway. It became the motivation for one of the songs in the concert. Another, "Able, Baker, Charlie, Dog", related a story told to him by his grandfather who had been a World War II Seabee. The title refers to the building of four runways on Tinian Island in the south Pacific, one of which was used by the "Enola Gay" on its way to bomb Hiroshima. Many of his songs had serious themes but some were presented in humorous form. He encouraged us to join him on the refrains.

Joe told the editor that the idea of our colony and its eighty-one year history would be an important addition to stories gained through his travels. The tools displayed on the walls of the barn prompted comments about the warm feelings he experienced with us. Comments were also made by many of the outsiders who attended the concert. I'm sure they'll return for similar occasions. This listener would welcome Joe back.

Trio con Brio and Friends

On Saturday, July 26th the barn was the scene of a delightful concert. The group, Robert Kogan, cello; Sylvia Russakoff, piano; Eric Stand, flute; William Stevens, clarinet; and Betsy Steward, theremin, performed a number of charming pieces that were appropriate to a warm summer evening. If you would like to hear and see it go to goldensbridge.org and click on concert.



Chess Nights for Adults & Children

New and experienced players are welcome to join us on the 2nd Friday of each month starting this September.

Professional Instruction by Felix:
Sep., Nov. 2008

Jan., Mar., May. 2009

FEE: between \$5 and \$10 per 90 minute tutorial

Practice Game Play:

Oct., Dec., 2008

Feb., Apr., June, 2009

Bring your own board

DATES: 2nd Friday of every month

TIME: 7:30 PM - 9:00 PM

PLACE: Teen Center

Light Refreshments

Contact info: Ken 232-6352 or
Jo Ann 232-9258

Ken Finkelman & Jo Ann Ehnes

RECIPE

Last issues request for recipes from colony members seems to have struck a chord. We have a tasty submission from Selma Sokolov which came with recommendations from

some who have pleased in the taste.

A Variation on Rugelach

- 2 sticks unsalted butter, at room temperature
- 1 cup cottage cheese
- 2 cups flour
- Jam, apricot is the favorite
- Chopped walnuts
- Raisins
- Sugar

Combine butter and cottage cheese. Add flour and mix well. Separate into three balls. Wrap and refrigerate until firm. Roll each ball into an oval 1/8 inch thick.

Spread each with jam. Sprinkle with desired amount of walnuts, raisins, and sugar. Roll each oval into a 2 inch thick cylinder, like a jelly roll. Cut into 1/4 inch slices and place on a cookie sheet. Bake at 350 degrees for 12 - 15 minutes until slightly brown. Remove from pan and let cool. Enjoy!

Attention cooks and bakers. Send us your best tips for outdoor cooking.

Nominating Committee

Two members of Board of the Community Association are leaving: Chris Rietsch and Neil Hicks who both deserve recognition for the excellent jobs they performed. The nominating committee reported that the two members running to replace them are Jim Callan and Russell Gordon.

Beach Committee

First, I would like to thank the committee for all the work that has been done to and for the waterfront all year long, culminating with the opening of the new beach. We have a fair number of meetings and discussions of the various projects and responsibilities; not to mention emails and chance encounters on the roads.

Members were generous with their time and their resources and especially their good council and expertise. I would like to recognize and appreciate all of the garden planning and implementation of Maggie Hayes. She inspired and worked with a group of George and Martha Levites, Chris Rietsch, Drew Orr, John Bergherr and myself to begin the bones of this new community garden. Her philosophy is one that respects the local ecology and, to this goal, we welcome donations from your garden or environs to add to this special place. We hope that the landscape continues to reflect all the work of the people who came before and especially Chris' garden along the fence.

The other big project we accomplished this year, under the supervision and implementation of Drew Orr, is the newly redesigned and regraded path. The organizing principle was to keep runoff from the road from reaching the lake. To

this end the elevations of the path were redone, a berm was created to separate the road runoff from the upper beach area, the bottom of the path was regraded and reseeded, all with the intention of absorbing rainwater. Eric Stand, George Levites, Chris Rietsch and Michael Brown all worked hard to get this done. Drew is an artist with a backhoe. Ideas were freely exchanged and plans modified to a pleasing completion.

I would like to thank Bonnie Shulman for her research and editing suggestions and for her good suggestions regarding the rafts and water. Yesterday, many neighbors worked to get the rafts out, the ropes connected, the tables moved, the boathouse and bathrooms cleaned and trash removed.

George Levites and Michael Brown repaired the boats; Chris got us new tables and assembled them, as well as the new boat. The lifeguard chair has a new seat and other repairs made by George and Eric. Thank you Dave Levy, Scott Moore, Connor and Shannon, Dan Fast, Lisette Orr, Brandon, Jordan and Abbi. I think we have a very good professional staff. Please support and cooperate with them. The committee: Chris Rietsch, Eric Stand, Michael Brown, Drew Orr, John Bergherr, George Levites, Martha Levites, Maggie Hayes, Bonnie Shulman, Judy Shulman, Jeremy



Metz, Jeff Rosedale, Carol Nordgren, Joel Forbes, Marty Adelman and myself. It has been a privilege to work with this group of smart, funny and big-hearted people.

I wish everyone a safe and pleasant summer.

Georgann Stewart



To the GBCA Membership,

One of the advantages of belonging to a Community Association is the ability to act in concert to provide emergency assistance to members under extreme conditions. I'm not talking about acts of terrorism but rather act of nature and perhaps mechanical breakdown such as hurricanes, tornados, blizzards, catastrophic power failures, fires, locusts, plaque or even an Indian Point nuclear mishap.

Should an evacuation be necessary, the Colony could designate first responders to coordinate with the town to ascertain the nature of the emergency and what provisions the town has made, such as safe areas and routes. This information would then be spread throughout the Colony. Those designated as help providers would make sure that those who need assistance receive it timely and efficiently.

We have an aging population in the Colony as well as very young children and if we know who might be vulnerable we can make certain they'll be someone to help them in an emergency.

This obviously needs planning and coordination, but I think it makes sense for us. A registry of those needing help and of those available to provide this help when requested would bring us closer as community in a time when we need it.

Ron & Jacoba Arnstein

South Salem Library Fair

This year, the South Salem Library Fair will be held on Saturday, September 27th, from 10 am to

Martin Balter 1913-2008

The following is reprinted from the Riverdale Press. A Memoriam from the Manhattan College Resource Center.

The Manhattan College Holocaust Resource Center mourns the loss of one of its most faithful supporters. Martin Balter was an endlessly curious person who believed in the power of education and in the power of ideas. From his early experience as a medical volunteer for the Lincoln Brigade during the Spanish Civil War of the 1930s to a brilliant career as an engineer to being part of a loving family as a devoted husband and father, Martin Balter believed in putting his ideals and his faith into action. Along with his wife Clara, Martin provided essential financial support for the Center; it was their generosity that enabled us to publish Martin Spett's *Reflections of the Soul: My Holocaust Experiences* in 2002 which has been and continues to be distributed free of charge to thousands of students and teachers. But Martin Balter's support also came in less tangible fashion: he profoundly believed in the Center's mission of educating both our students and the broader public about the Holocaust and its significance for the present-day with special emphasis on teachers and future teachers. He continually encouraged us to find new ways of getting our message out to as many young people as possible to ensure that the lessons of the Holocaust are not forgotten. Martin is survived by Clara, his daughters Lucy and Joan and his grandchildren Adam and Juliana. The thoughts and prayers of the entire Manhattan College community are with you.

We assure you that Martin Balter will be missed.

Dinah Lukin 2008

Dinah Lukin—In Tribute

I first met Dinah Lukin at the Metropolitan Music School. There musicians and teachers, who had been blacklisted, taught the children of the left. It was the late 1940's and she was Judy and Holly's mom (Larry was soon to arrive). Always smiling, kind and nurturing, she was a good mommy to go to if there was a problem. I never saw her do an unkind thing and, when you spoke to her, she gave you full attention. Over her lifetime this never changed.

You can't imagine how happy I was to see the Lukin family in Goldens Bridge in the summer of 1960. The family that I had grown to know and love would not just be for 'Saturdays' anymore. Dinah's shining smile graced many of my days. She ran the 'open house' on Branch Street. A snack, she had it... a shoulder to cry on, that to... in the mood to discuss just about any subject... you were never judged, simply accepted.

Dinah's love for her husband and children was evident in all that she did. This, however, did not exclude being the best she could be in her own right. She went to Queens College after the children were raised and became a teacher. She loved learning and those college days, although hectic, were happy ones. She shared these experiences with my mom, who also went through the ACE program. (Our families again intertwined.) Dinah got a Masters Degree in Education and taught ESL to the children of immigrants and diplomats. Many of her students attributed their careers in education to being inspired by her dedication and love of learning.

This piece would be incomplete without acknowledging Dinah's 'good works' in the communities

that she was a part of. Immigrants, the disabled, tenants, children, women, people of all races...their struggles were Dinah's, too. When she became a full time resident of Goldens Bridge, she helped to revitalize the Democratic Party of Lewisboro. She didn't just talk the talk, she walked the walk.

At weddings, Dinah and Ruth were often mistaken for each other. Over the years, we shared our celebrations as well as our challenges.

The fact is that we grew old together and find ourselves, in the here and now, having to say goodbye. I am left with the memory of a special smile, attentive look, warm embrace and opened door.

That was the Dinah Lukin that I knew.

By Judith Fast

Jack Slavin 2008

Our sympathy to Rina Slavin and family on the passing of her father on June 2nd, at the age of 79. Although Jack never lived in Goldens Bridge he was a good friend of many colony residents as long ago as the late 40s. He married a Kinderland girl in 1952 and taught archery there for several years in order to send his children to camp.

Jack was an innovator in the field of special education. He was the creator of the Nanahagen School for Special Needs children in Pleasantville. Jack developed a therapeutic support program for his students by bringing together special education teachers, social workers and psychologists.

Donations in Jack's name may be made to the Nature Conservancy.

Eric Levine 1957-2008

Reflections on a Tribute that took place June 15, 2008

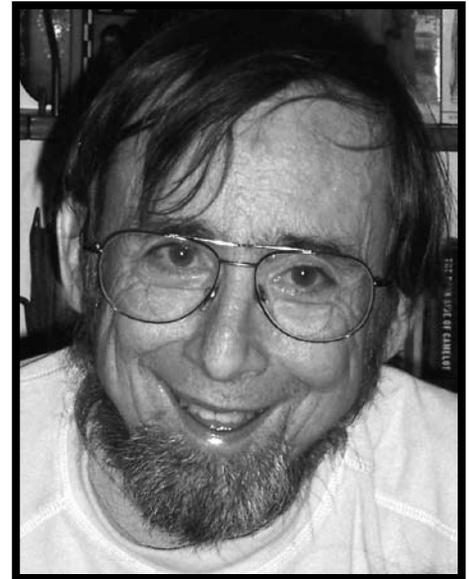
Eric Levine's death was sudden, unexpected, tragic. He has joined those Golden Bridge children who, left us too early. Eric suffered kidney failure at the age of 14, subsisting on a regimen of dialysis, always one step ahead of the technology that allowed him to evolve into a dynamic, constructive leader and advocate for the poor, the down-trodden, and the disabled. He defied the odds and combated the culture of those who succumbed to defeat and withdrew from the world to lick their wounds. As parents sometimes we never even know of the achievements of our children that their friends and cohorts knew. The 'Celebration' on June 15th was replete with remembrances by many of those who knew and worked with Eric. Many colony residents were in attendance. There were too many presentations to list here.

Eric was the musical director of the Disabled in Action singers, an advocacy group. He was a troubadour who composed songs in the spirit of the agit prop of the Almanac Singers and other folk singers. He shared a passion for the old time music of the 30s, and continued on in the vein of one of his mentors, Pete Seeger. Once as a patient rep. he objected to the manner in which a hospital treated him and other dialysis patients. The police were called in, they arrested him while he was connected to the dialysis machine and took him to the station house. Eric fought

alongside everyone who was poor, discriminated against, neglected and abused, as well as for the rights of the disabled.

Eric had an unusual talent that he put to good use, he will be missed. My experience is that another. Eric was laid to rest in a small cemetery in South Salem.

Arnie Eisen



"If you're feeling down and out and you just watched the news

G.W. Bush has got you pissed, you have the 21st century blues

Then I know just how you feel, and I know what you're going through

So here's something right away I know you should do.

Don't stop laughing, don't stop laughing, don't stop laughing

Don't stop laughing, don't stop laughing

or you're gonna lose your mind."

Eric Levine

A tribute to Eric can be viewed on the GB website, go to www.goldensbridge.org

WATER EMERGENCY PHONE NUMBERS FOR THOSE USING COLONY WATER

To report a leak or other colony water emergency:

RON ARNSTEIN (914) 232-8260

PAT KILLEEN (914) 232-4931

DUTIES AND RESPONSIBILITIES OF BEACH LIFEGUARDS—GOLDENS BRIDGE COMMUNITY ASSOCIATION

The following paragraphs outline the duties and responsibilities of the beach lifeguards and general procedures for the maintenance and operation of the beach and sunbathing areas.

BEACH HOURS AND FACILITIES

The Goldens Bridge Community Association operates a bathing beach each summer, from the Saturday prior to the July 4th weekend through Labor Day in September. The beach is open from 10 am to 7 pm, weekdays, and 11 am to 7pm on weekends, weather permitting.

The beach facilities include the lake, a sandy beach, a sunbathing area, a shady sitting area, picnic tables and benches, playground equipment, a volleyball court, a shuffleboard area, bathrooms for men and women, a water cooler, a storage room for beach supplies and beach chairs, several rowboats, canoes, life jackets, first-aid supplies, and other supplies and equipment for swim safety and instruction. From here on the term “beach” refers to all of these beach areas and facilities, in the water or not, whether swimming or not.

There are two swimming areas at the lake: the wading or “crib” area which is roped off in shallow water for children and waders: the larger swim area bordered by three rafts. Only adults and children who have passed their “raft tests” are permitted to swim in the larger swim area. No swimming is permitted outside these two areas or in any other area of the lake. Boating and fishing are permitted in the non-swimming areas, only within view of the lifeguards, but never in the swimming areas.

In the case of heavy and sustaining rain, the opening of the beach is delayed until the weather clears. If rain begins after the beach is open, the beach is to be closed until the weather clears. If the weather does not clear by 5 pm, the beach will remain closed (See Rainy Day Procedures for complete details.).

WHO IS PERMITTED TO USE THE BEACH

This is a private beach, open only to the members, in good standing, of the Goldens Bridge Community Association, their families, their tenants and their guests. Proper identification, in the form of beach passes and proof of address, must be presented to the lifeguards upon request. Guests must always be accompanied a member.

Young children (Under 12) at the beach must be under the supervision of a parent or responsible adult, who must be 18 or older. Children 12 and over must pass the little raft test to be at the waterfront without a responsible adult.

The beach is also open to the children of the Day Camp under the supervision of their Camp Director and Counselors, and only when camp is in session.

LIFEGUARD STAFF

To safeguard all those using the beach, the Association employs a staff of lifeguards trained and certified by the American Red Cross. The staff consists of a Lifeguard, Water Safety Instructor (WSI), as defined by the Westchester Department of Health, and two or more Assistant Lifeguards. All lifeguards are hired and supervised by the Association Beach Committee and report to the designated Supervisor from the Committee (see Appendix B). The Golden’s Bridge Day Camp employs an Aquatic Director who will oversee Camp free swim daily and coordinate the instructional times with the WSI.

The Lifeguard will supervise the Assistant Lifeguards. Qualifications for the Lifeguard Supervisor position include 3+ yrs of prior lifeguard experience, additional water safety, first aid and CPR certification, plus demonstrated leadership ability. The names and phone numbers of the current season’s lifeguards are included in Appendix A.

BASIC DUTIES OF THE LIFEGUARD STAFF

The lifeguard staff maintains vigilant watch over all beach activities and when necessary, applies preventative or rescue procedures in accordance with the American Red Cross. Lifeguards open and close the beach, supervise the use of the beach and all its facilities, conduct water safety and first aid drills, conduct tests of children’s swimming ability, and keep a daily log of beach activity.

Lifeguards assist in the maintenance of a clean and attractive waterfront, and are responsible for keeping the sand; sunbathing area, rafts and water clear of algae, plant life, debris and animal waste that might interfere with safety and enjoyment of the beach.

The lifeguard staff is also responsible for maintaining the storage room, which houses waterfront safety equipment, boating equipment, beach chairs, tools and supplies, in an orderly fashion.

Each day, the on-duty lifeguards will inspect and test, if appropriate, all emergency equipment and supplies. At least once per week the lifeguards will practice various emergency drills, including search and rescue procedures. A step-by-step procedure for response to emergency situations is included in Appendix C.

AUTHORITY ON THE BEACH

All matters affecting public safety or enjoyment of the beach shall be under the authority of the lifeguards. Should lifeguards have questions regarding the exercise of this authority, they will consult with the Beach Committee Supervisor. If this Supervisor is unavailable, another member of the Beach Committee should be contacted. The Supervisor and a list of Beach Committee members are included in Appendix B.

GENERAL RULES OF DECORUM

The lifeguards will conduct themselves in a professional manner at all times and according to the standards set by the American Red Cross. Their jobs are literally a matter of life and death.

All lifeguards are required to wear either a T-shirt, bathing suit, hat, sweatshirt or jacket that readily identifies them as lifeguards. They should also wear a lanyard and whistle at all times, while on duty. They must always position themselves to maximize their field of vision. When two or more lifeguards are on duty, at least one is positioned in the lifeguard chair. Only the lifeguard staff is permitted to use the lifeguard chair.

Lifeguards should not engage in, nor permit others to engage in, activities on the beach which distract attention from their job, or otherwise interfere with safety conditions or the enjoyment of the beach by others. Within this broad rule of conduct, the lifeguards are to exercise their best judgment and American Red Cross training to insure the safety and well-being of all who use the beach. If questions arise, the Beach Committee Lifeguard supervisor should be consulted.

LIFEGUARD SCHEDULE

At least two lifeguards are on duty each day, seven days a week. One guard works from 10 am to 6 pm, with one hour for lunch. The

second lifeguard works from 11 am to 7 pm, with one hour for lunch. One lifeguard is therefore always supervising the beach area between while open. During times of heavy beach use and during camp hours, additional lifeguards will be scheduled to meet all safety requirements and required lifeguard to swimmer ratios, currently identified by the Westchester Department of Health at 1 lifeguard for every 25 swimmers/waders. THERE IS NO SWIMMING ALLOWED WHEN LIFEGUARDS ARE NOT ON DUTY.

BEACH OPENING

The beach officially opens at 10 am (11am on weekends), with the unlocking of the boathouse and bathrooms. At least one lifeguard reports to the beach each day to prepare the beach for opening. The lifeguard opens the bathrooms, the storage room, and brings down to the beach the boat oars, the life jackets, the lifeguard chair umbrella, the first aid kit and other safety and beach equipment. The chain securing the boats in the docking area is unlocked and the boats are inspected and made ready for use. The beach sand and sunbathing areas are raked and cleaned to remove any broken glass, debris or animal waste. This debris is picked up and deposited into a trash receptacle. The three rafts are inspected for splintering wood and cleared of any debris. The skimmer is used to remove algae and debris floating in and around the wading area and any holes in the sand are filled.

Should the lifeguard encounter problems during this preparation that might endanger public safety, the Beach Committee Supervisor should be immediately contacted and the opening of the beach delayed until the problems are corrected. All matters affecting public safety or enjoyment of the beach shall be under the authority of the lifeguards and their decisions are final pending a full Beach Committee review of the situation.

In the case of inclement weather, lifeguards may delay opening the beach. In the interim, lifeguards remain "on call", ready to respond within half an hour, to a request from the Beach Committee Supervisor to open the beach. If rain begins after the beach is open, the beach is to be closed until the weather clears, with the lifeguards remaining "on call". If the weather does not clear until after 5 pm, the beach will remain closed. For step-by-step "rainy day" procedure, lifeguards refer to Appendix E.

BEACH CLOSING

At 6:45 pm or thereabouts, the lifeguard announces that the beach will close at 7 pm. From 7 pm to 7:15, or as soon as all bathers and boaters are out of the lake, the lifeguard prepares the beach for closing. The beach area is raked and cleared of all toys and debris. All personal items left behind are collected and deposited in the "lost & found" box, maintained in the storage room. The oars, the life jackets, and lifeguard chair umbrella, the first aid kit, and other equipment are returned to the storage room. The storage room and bathrooms are locked, the boats chained together. A "No Lifeguard on Duty" sign will then be hung at the main gate.

DAILY LOG

A log of beach activities is to be kept by the on-duty lifeguards each day. Rough estimates of beach use, brief summaries of usual and unusual activities, notations of needed supplies, names of children passing the raft tests, and records of Day Campers' "Buddy Checks" are to be entered into the log. Each week the log is reviewed by the Head Lifeguard and the Association Beach Committee.

The log is also to contain various emergency phone numbers. In the event of an emergency at the beach, specific information is to be recorded by the lifeguard as soon as practical. This information is to include who was involved in the incident, what actions were taken, who was summoned. An "Emergency Log" format is included in Appendix D.

BOATING AND FISHING

Only the rowboats or canoes of the Association are permitted on the lake. No one is to take out a boat without a life jackets for each person on board. The life jackets are to be worn properly at all times while in the boat. Lifeguards are to monitor boaters and are not to permit boaters to row in any parts of the lake that are out of the line of sight of the lifeguards or too close to the swim area. Any dangerous or inappropriate behavior on the part of a boater will be immediate cause for the lifeguards to require return of the boat to the beach. There is never swimming permitted from a boat.

Fishing is permitted from the boats as long as it does not interfere with swimmers or the safe operation of the beach. Fishing requires a current N.Y. State fishing license and all N.Y. State rules and regulations must be observed. As with other boaters, no fishing is permitted beyond the line of sight of the lifeguards.

SWIMMING INSTRUCTION

Lifeguards with Water Safety Instruction certification will instruct Day Camp children in basic swimming skills. The times of day for instruction for the different camp age groups are planned in conjunction with the general camp schedule, but generally occur between 10 am and 3 pm. From 3 pm to 4 pm is a free swim period for Camp, at the conclusion of which the Camp dismisses for the day.

The instructor also provides lessons for individual Association members, scheduled for the convenience of the lifeguards. Contact the Lifeguard Supervisor to schedule.

SWIMMING RESTRICTIONS FOR CHILDREN

Children, and adults without demonstrated swimming ability, are not permitted to swim outside the wading or "crib" area or to take boats out into the lake by themselves unless they have passed the "Raft Tests". There are two such tests:

THE NEAR RAFTS, OR LITTLE RAFT TEST – Children must swim back and forth between the two near rafts four times and then tread water for two minutes. Passing this test allows the child to swim to and from the near rafts.

THE FAR RAFT, OR THE BIG RAFT TEST – Children must swim back and forth between the two near rafts eight times and tread water for five minutes. Passing the Big Raft Test permits the child to swim out to the far raft and to take boats out onto the lake unaccompanied by an adult as long as they prove boating proficiency.

Only lifeguards can give these tests. The tests are administered at times convenient for the lifeguards and so as not to inconvenience other swimmers. During the test, one lifeguard swims with the child or follows the child on a Rescue Surfboard. The other lifeguard remains on the beach.

Children who have passed the Raft Tests have their names and test dates entered into the daily log.

THE COMPLETE BEACH RULES & REGULATIONS ARE POSTED ON THE BULLETIN BOARD AT THE BEACH

GBCA Minutes

GBCA Board meeting minutes 4/19/2008

Present: Stand, Arnstein, Fast, Rosedale, Brown, Schmid, Sircus, Eisen, Finkelman, Orr

Absent: Ehnes, Hicks, Levites, Bergherr, Rietsch

The meeting came to order at 10:09 am.

March Board Minutes were read into the record- approved with amendments.

Stand told the Board that Jack Slater died recently.

Correspondence- none.

Committee Reports-

Finance- No report; April summary document was distributed. Eisen requests a follow-up report on our disputed \$2,000 in the Chase account.

Barn- 24 new chairs to be ordered. Stairs to stage wing will be removed. Considering whether we should purchase a rack for the chairs. Floor work will be done before the end of June. Playground and beach equipment currently being stored in the Barn is to be removed prior to that time.

Stand relates a request from Levites that budgeted purchases should be covered by colony checks, not spent by individuals and reimbursed. Tabled until Levites can discuss this with the Board directly.

Beach- Minutes of the last committee meeting (as posted on the wiki) were read out. Orr will turn on the water in the boat house when it gets warm enough. Orr will prepare an estimate for resurfacing the path and refurbishing the entrances for improved drainage.

Lake/Town- One board has been taken out of the dam to lower the water level; one more board will probably come out to increase the beach area before opening. The current Town supervisor is proposing to create a hamlet in Goldens Bridge. He has asked Stewart-Stand to become part of a committee to research this. There are questions about the legality of the DEP owning property behind the A&P. The DEP has been asked to remove the pile of asphalt adjacent to Route 22.

Camp- Judy Fast is chair. 59 campers so far. Annual BOH walk-through to be scheduled and will happen soon. Asst. Dir., Waterfront Director is Richard Love; responsibilities to be clarified with beach committee; specialists with art, music are still needed. Camp committee meets April 19. All is proceeding smoothly. Swingset repair assessment to begin Monday.

Environment- First year of emergency tree work is completed. Some dead trees around the lake were also removed- using the beach budget. Tree work has not been done yet on the ballfield. Fast mentioned there are 2-3 dead trees currently threatening the shed servicing our water system. Orr suggests using the Maintenance budget if removal is necessary. Corbett Stone should look at it. Fast to contact Stone.

Swingset- Orr thought it could be reconstructed, provided that 2 inch pipe is adequate to bear the weight. It is made of 3 inch pipe currently. Plan is to have it replaced or repaired before the camp BOH walk-through date.

Bid on ballfield tree work to be solicited from Stone- paid out of the Camp budget.

Hospitality/Social- No report.

Legal/sales- Finkelman was asked to put a lien on property for non-paying dues member. Donovan says we may need a judgment against him- that's why we have the lawyer in Somers. NY State legislature is considering a bill on this exact matter. Finkelman suggests Stand have a conversation with Diangeles. We prefer not to turn off his water- instead, ask him to sign a confession of judgment, which is equivalent to winning a lawsuit. That will allow us to place a lien. Finkelman will draw up the paperwork. In the worst case, we will not shut off water before sending a letter.

Orr will contact Pinetti re. collecting back payments on water charges.

Roads- In Oct or Nov 10, 1970 we transferred ownership of the "traveled way" of our roads to the Town. Records of this should exist with the Town. Stand requests that Finkelman find out whether we transferred the road surfaces only, or the land under the roads. Arnstein will make inquiries with the Town Clerk as well.

No meeting yet with Ripperger. Dust from the roadways is an issue. There are options to keep the dust down, but they may be harmful to the lake. Material used to grade roads will be discussed at the next meeting.

Regarding rubbish/debris- Schmid will ask Hillside residents to pitch in and pay for a dumpster to remove as much as possible. Other residents will help with labor. Plan is to organize this over the summer, with removal in the late fall after vegetation dies back.

Maintenance- We have a lead on a replacement landscaper. Hopefully, the price of his services will be comparable to our previous contractor. Approximately \$1,200 should be enough to pay all outstanding bills and terminate our relationship with Richie/Northeastern. Motion to pay this amount was made, seconded, and approved unanimously.

Leaders on the barn need repair- Orr and Stand to investigate.

Road 4- Wiki demo will be done at the upcoming membership meeting. Arnstein is ready to help with Road 4 production. No stories are currently available.

Water- Migdail called Arnstein- wants his outdoor stanchion repaired. We assume it's located on his property. Decided to allow replacement (at Migdail's expense). Arnstein will find out if this type of device is a contamination issue for a public water system since others exist in the Colony.

Tax lot identification for properties is needed for privacy, as opposed to publicizing addresses.

Hoffman, Kringas well investigations needed for BOH. Orr will take pictures.

Per Fast, Backflow valves for hoses should be removed in winter to allow draining the water line. Lines can freeze and break if not drained before winter.

Garbage- Question as to when Summer pickup begins. We think it's June 1.

New business- none

Next meeting: Sun., May 18 at the teen center

The meeting was adjourned at 12:24 pm.

Membership meeting draft minutes:

April 27, 2008

The meeting was convened at 11:20 AM.

Announcements:

Births- Max and Rebecca Leighton's son

Deaths- Jack Slater and Nina Gottlieb's sister Irene

Reading of the Minutes: The Board minutes from January were read into the record. There was a motion to waive reading of other minutes: this was seconded and approved.

Nominating committee was selected:

Richard Tauber, Fred Margolies, Paul Stewart-Stand, Michael Brown, Frieda Halpern

Committee Reports-

Barn- Chair rack not yet ordered- might obstruct activities and be a safety hazard

Finance: A summary was posted. There is a discrepancy of \$2,000 with Chase because they missed a mercantile account deposit. Suggestion to get the State banking department involved on our behalf. Dues collections may be going slower than last year.

Emergency expenditure- Trees fell on the swingset on the ballfield. We spent \$2,200 to remove fallen trees. Motion to retroactively approve the emergency expenditure for tree work (Fast), Seconded (Halpern)- all but one voted to approve. Carried.

Garbage- No report. Eisen mentioned Westchester government pickup and recycling- their schedule at http://www.westchestergov.com/environment_householdrecyclingschedule.htm has been posted to the garbage committee page on the wiki. New-style light bulbs can be returned to any store that sells them for recycling.

Water- Fixed a major leak off of Lake Street. Request from all water users for updated contact information.

Environment- No cleanup scheduled yet. Thanks to John and Lorrie for cleaning up Rt.138.

Beach/Lake- Minutes were read (they are posted on the wiki); members request a handicapped parking space closer to the beach. Main Street is a narrow, one-way road and parking there may be a hazard to passing vehicles and pedestrians. Something to investigate- Roads committee will take it up.

Town- Georgeann Stewart-Stand has joined a committee investigating the prospect of forming a hamlet in Goldens Bridge.

Legal/Sales- No report

Camp- Committee working together very well. Approximately 65 applications, counselors mostly hired, Dawn has been doing an excellent job. Folk singing and dancing instruction are planned. T-shirt color is royal blue with white letters.

Barn- Needs handrail; money has been budgeted for this.

Maintenance- Barn floor will be resurfaced soon.

Roads- Many dangerous, dead trees have been removed. Trees around the pump house have been looked at by our contractor. Any more trees on Colony land that need removal should be brought to the attention of Schmid or Hicks. The Roads meeting with Ripperger is to be scheduled. Large stones on the surface of the roads are a hazard to pedestrians and cyclists. Proper road maintenance would include rolling with heavy equipment to compact the surface after re-grading.

Road 4- Looking for submissions- send stories by email to <suki27@earthlink.net>

Social/Hospitality- 7/5 is the opening barbecue and water carnival- those coming are encouraged to bring a dessert. 7/12: folk music is scheduled. Other scheduled events include Camp night, Eric's classical group, volleyball and barbecue (need dessert again), Hootenany with Ricky Cousin at the barn; 8/16- Bearcats; on 8/23 the barn will be closed; 8/30 is the Banquet.

Weeknights- Children's movies Tuesday nights; Movies for adults on Wednesday nights; book club discussion; Folk dancing Friday nights, including 2 nights with Jim and the Beers; Chorus is scheduled, but they need a piano player to accompany- must be available on Thursday nights and for the banquet.

Old Business: none

New Business: People should be encouraged to clean up after their dogs. There is a concern that people from outside the Colony are walking their dogs here. Posting signs is suggested. An item on this subject will go into Road 4. We will find out if the Town can help us with signs.

Members request to be informed when the roads will be graded. That will go on the agenda for the planned Roads meeting.

The Town may pass a "snow emergency - no street parking during snowstorms" law.

There was a suggestion to install curtains/shades in the teen center. This would keep out drafts in winter, and light for summer movie nights. Referred to Barn committee. Locks for windows in the teen center should be installed where they are missing (referred to maintenance).

Meeting was adjourned at 12:38 pm.

Road Four
Goldens Bridge Community Association, Inc.
BOX 701, Goldens Bridge, NY 10526

Road Four
Summer
2008

